

# TNT ALL STARS FORRESTDALE

1/4 Haydock Street, Forrestdale, WA



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### Hello Cheer Family!

I'm Stephanie Pyke, the proud owner of TNT All Stars Cheerleading, and I'm thrilled to welcome you to our explosive community as we launch into our 12th season! This year we are excited to continue providing a safe and supportive environment where athletes can truly thrive. Our mission is to empower every cheerleader to reach new heights while fostering friendships and teamwork along the way.

With four booming locations across Australia, we are proud to be home to some of the country's top coaches and most successful teams. Our elite coaching staff is dedicated to igniting passion and talent in each athlete, ensuring they not only develop their skills but also build confidence and resilience.

At TNT, we believe that cheerleading is more than just a sport—it's a family. Together we create a dynamic atmosphere where everyone can shine like a star and achieve their personal best. Whether you're a seasoned pro or just starting out, we're here to support you every step of the way.

Get ready for an action-packed season filled with unforgettable moments, skill-building, and lots of fun! Let's make this year a blast!

With excitement.







### Your Cheer Journey

Class

Commitment

**Approximate** Length of Time in Class

**Start** 

**Learn to Cheer** 

Recreational

Up to 1 Year

Prep

**Pre Competitive** 

- Compulsory Practices
- 2 In house Competitions Per Year

1-2 Years

**Novice** 

**Semi Competitive** 

- Compulsory Practices
- 4 Competitions Per Year

1-3 Years

> Levels 1-5

**Full Competitive** 

- Compulsory Practices
- 6 Local Competitions Per Year
- Level 4, 5, 6 Interstate for Nationals

2-5 Years per level

**Program** 

Worlds

**Full Competitive** 

- Compulsory Practices
- 6 Local Competitions Per Year
- Interstate travel to Nationals & International travel to the USA

5+ Years

### Whieh

# Program Is Rightformer



Program	Level	Summary of Program	Basic Information
Recreational	Learn to Cheer	This is the perfect place to learn the foundations of Cheerleading without having to attend competitions.	<ul> <li>Ages 3-12</li> <li>Termly commitment</li> <li>1 practice per week</li> <li>NO competitions</li> </ul>
Pre Competitive	Ргер	Our prep program is the perfect place to get a feel for the competitive world! Your athlete will spend the year working towards building their first cheerleading routine. They will learn all of the basics to move into our Novice stream.  We also have a fantastic All Abilities Team called "Cheerability" at our Booragoon location.	<ul> <li>Ages 4-18</li> <li>Annual commitment</li> <li>1 practice per week</li> <li>2 In-house competitions</li> <li>Hired uniform</li> </ul> Cheerability <ul> <li>Age 5+</li> <li>Annual commitment</li> <li>1 practice per week</li> <li>2 In-house competitions</li> <li>No uniform required</li> </ul>
Semi Competitive	Novice	Our Novice program is a great place to start out as a competitive cheerleader. These teams only train once per week and compete at 4 local competitions per year.	<ul> <li>Ages 6-16</li> <li>Annual commitment</li> <li>1 Compulsory practice a week</li> <li>4 Competitions</li> <li>Low-cost uniform purchase &amp; shoes required</li> </ul>
Full Competitive	Levels 1-5	TNT prides itself on having one of the strongest All Star programs in the country.  These teams are a full commitment to 2 practices per week and 6 competitions per year. Our program also includes elite all girl, coed, and non tumbling teams making it inclusive for everyone!	<ul> <li>Ages 6+</li> <li>Annual commitment</li> <li>2 Compulsory practices a week</li> <li>6 Competitions</li> <li>Potential travel involved (Nationals)</li> <li>Uniform purchase &amp; shoes required</li> <li>Camps &amp; choreography</li> </ul>
Worlds	Levels 5 & 6	We are so excited to continue to offer Perth's largest Worlds Program. We currently have All Girl & Coed level 5 Teams and a Non Tumble Level 6 Team.	<ul> <li>Ages 13+</li> <li>Annual commitment</li> <li>6 Competitions</li> <li>Travel to Nationals (Melbourne '25)</li> <li>Uniform purchase &amp; shoes required</li> <li>Camps &amp; choreography</li> <li>International Tour</li> </ul>

Tumbling

All Levels (See level requirements) Our tumbling program caters to all ages and abilities. Whether you are looking to tumble for fun or increase your tumbling skills for cheerleading we have a class for you. If you are joining a team we highly recommend you add a tumble class on the side to continue to gain new skills. Team practices will cater to improving the skills the athletes will be competing, rather than learning new skills.

Competitive or Full Competitive Program

- Ages 4+
- Practice lengths vary depending on class
- Please see pages 15 for specific enrollment information

www.tntallstars.com.au



Athletes new to TNT and trying out or current athletes wanting to move up a level must be able to demonstrate ALL of the required skills in that level. They must also demonstrate at least one of the optional additional skills in the same level.

### Level Requirements

### Learn to Cheer

No Experience Required

### Ргер

No Experience Required

### **Novice**

\*Standing bridge \*Bridge kickover

\*Cartwheel

Additional Skills

Additional Skills

\*Handstand bridge \*Bridge to standing

### Level 1

- \*Backward roll
- \*Back walkover
- \*Round off

Additional Skills

- \*Minimum 1 year cheer experience
- \*3x connected back walkover or
- \*Switch leg back walkover or
- \*Front walkover- cartwheelback walkover

### Elite 1

- \*Minimum 1 year in a competitive level 1 team
- \*Back walkover both legs
- \*3 Back walkovers
- \*Switch leg back walkover
- \*Front walkover cartwheel back
- \*Round off (Excellent)

### Level 2

- \*Standing back handspring
- \*Back walkover back handspring
- \*Cartwheel back handspring
- \*Power hurdle round off back handspring
- \*Fhs ro bhs Or Round off 3x back handsprings

### Level 3

- \*Toe Touch 3x back handsprings
- \*Front handspring round off back handspring back tuck Or
- \*Front handspring front tuck

### Level 4

\*Standing tuck

layout Or

- \*1-2x Back handsprings back tuck
- handspring back layout
- \*Front handspring Round off back handspring back
- \*Front tuck step out roundoff back handspring back layout Or
- \*Round off back handspring whip

### Level 5

- \*Jump back tuck
  - \*1 or 2x back handsprings back
  - \*Power hurdle round off back handspring full
  - \*Front handspring round off back handspring full Or
  - \*Round off back handspring whip full
  - \*Front tuck step out round off backhandspring full

- \*Back handspring step out 2x back
- \*Power hurdle round off back handspring back tuck
- \*Front tuck hurdle round off back handspring tuck

## Teem Informetten

Team Name	Age & Level	Practice Hours	Skills Camp Date	Choreography Dates
Learn to Cheer	Recreational 3-12 years	1	No Camp	No Chorey
Tiny Tomahawks	Tiny Prep, 4-6 years	1	No Camp	No Chorey
Fireflies	Mini Prep, 7-9 years	1.5	No Camp	No Chorey
Choc Bombs	Mini Prep, 7-9 years	1.5	No Camp	No Chorey
Starburst	Youth Prep, 10-12 years	1.5	No Camp	No Chorey
Tiny Time Bombs	Tiny Novice, 5-6 years	1.5	No Camp	No Chorey
Nano Bombs	Mini Novice, 7-9 years	1.5	No Camp	No Chorey
Supersonics	Youth Novice, 10-12 years	2	No Camp	No Chorey
Kabooms	Mini 1, 7-9 years	3	Feb 14-16	May 9-21
Fireworks	Youth 1, 10-12 years	3.5	Feb 14-16	May 9-21
Shock Factor	Junior 1, 10-15 years	3.5	Feb 14-16	May 9-21
Flash Fire	Youth 1 Elite, 10-12 years	4	Feb 14-16	May 9-21
Fire Bombs	Senior 2, 11-18 years	4	Feb 14-16	May 9-21
Hydros	Senior 2 NT, 11-18 years	3.5	Feb 14-16	May 9-21
Code 3	Senior 3, 11-18 years	4 + 1.5 Hrs Tumbling	Feb 14-16	May 9-21
Senior Stealth	Senior 4, 11-18 years	4.5 + 1.5 Hrs Tumbling	Feb 14-16	May 9-21

### **TEAMS ARE TBC AFTER TRYOUTS**

NT- Non Tumble Team Ages are based on age as of December 31st, 2025



### Our Fees & Fee Structure

Team Name	Registration Fee (December 15)	Training Fees (Monthly from January 15-November 15)	Camps, Choreography, Competitions, Bow & Uniform Hire (Prep Only) 3 Installments Due Feb 15, April 15, July 15	
Learn to Cheer	\$50	\$212/Term	ees are TBC NA petition fees are quoted high It subject to change. Event	
Tiny Tomahawks	\$145	\$77	ducers are yet to release all 2025 pricing. $$65  imes 3$	
Fireflies	\$145	\$92	\$65 x3	
Choc Bombs	\$145	\$92	\$65 x3	
Starburst	\$145	\$92	\$65 x3	
Tiny Time Bombs	\$165	\$92	\$83 x3	
Nano Bombs	\$165	\$92	\$83 x3	
Supersonics	\$165	\$100	\$83 x3	
Kabooms	\$165	\$142	\$250 x3	
Fireworks	\$165	\$165	\$250 x3	
Shock Factor	\$165	\$165	\$258 x3	
Flash Fire	\$165	\$187	\$302 x3	
Fire Bombs	\$165	\$187	\$309 x3	
Hydros	\$165	\$165	\$309 x3	
Code 3	\$165	\$187	\$309 x3	
Senior Stealth	\$165	\$234	\$309 x3	



## The Small Print (Additional Costs)

### Recreational Classes

Registration fee: This fee includes annual insurance & a 2025 T-shirt. Term Fees: Include all training fees.

### **Cheerability Classes**

Registration fee: This fee includes annual insurance & a 2025 T-shirt.

Term Fees: Include all training fees. \$10 per class, averaging 9-10 classes per term, paid upfront before the first class. Term fee due before the start of each term. Competition Fees: Competition fees will be due 2 months prior to an event, amount to be confirmed in 2025.

### Pre Competitive (Prep), Semi Competitive (Novice) & Full Competitive (Levels 1-6)

Prep (Pre Competitive Teams)

- Registration Fee: This fee includes your training T-shirt, Shorts, & socks. It also includes insurance, music licensing and your End of Year Explosion Ticket (Awards Night).
- Monthly Fees: Our Annual training fees are broken down into 11 equal monthly payments. Training fees include weekly practices.
- Additional fees: Your additional fees are broken down into 3 equal payments due January 15th, April 15th & July 15th. The Additional fees for our Prep teams include a hired competition uniform, a competition bow, & 2 In House Competitions.

Other Fees: Your athletes will be required to wear cheer makeup for their performances. This can be shared amongst a team or purchased individually in our TNT Shock Shop. Your athlete will also be required to wear white shoes for competition. "Cheer Shoes" are not compulsory but they must wear a white shoe for events. Novice (Semi Competitive Teams)

- Registration Fee: This fee includes your training T-shirt, Shorts, & socks. It also includes insurance, music licensing and your End of Year Explosion Ticket (Awards Night).
- · Monthly Fees: Our Annual training fees are broken down into 11 equal monthly payments. Training fees include weekly practices.
- Additional Fees: Your additional fees are broken down into 3 equal payments due January 15th, April 15th & July 15th. Additional fees for our novice teams includes a competition bow & 4 competitions.
- Novice athletes have an additional optional tumble class they can take on the side.

Other Fees: Your athletes will be required to wear cheer makeup for their performances. This can be shared amongst a team or purchased individually in our TNT Shock Shop.

Your athlete will be required to purchase a competition uniform (\$235 new), white cheerleading shoes & cheer makeup. Our novice uniforms are on a 5 year uniform cycle. 2025 is Year 2 of 5.

Full Competitive Teams (Levels 1-7)

- Registration Fee: This fee includes your training T-shirt, Shorts, & socks. It also includes insurance, music licencing and your End of Year Explosion Ticket (Awards Night).
- Monthly Fees: Our Annual training fees are broken down into 11 equal monthly payments. Training fees include weekly practices.
  - Level 3-5 Tumbling Teams: Your Monthly fees also include a 1.5 hour team tumbling class.
  - Level 4-6 Non Tumble Teams: Your Monthly fees also include a 1 hour Strength, Jumps & Conditioning Class.
- Additional Fees: Your additional fees are broken down into 3 equal payments due January 15th, April 15th & July 15th. Additional Fees include a skills camp, choreography, competition fees and your competition bow.

Other Fees: Your athlete will be required to purchase a competition uniform (\$350 new, Worlds teams may vary), white cheerleading shoes & cheer makeup. Our uniforms are on a 3 year cycle and 2025 is Year 2 of 3 for Forrestdale & Booragoon and year 1 of 3 for our North location.

2025 Fee Increases: You will notice a 2% increase in our 2025 term fees. The increase in price is due to rent increases and an increase to our award affecting our wages. We thank you for your understanding.

Some competition fees have also been increased by Event producers.

### Payment Due Dates & Fee Policy

Fees are due on the 15th of each month (January 15th through to November 15th or first business day after).

Late fee of \$25 will be incurred on the 1st of each month.

Athletes with monthly fees still outstanding on the 10th of the month will be asked to sit from practice.

All of our payment policies and transaction fees can be found on the parent portal.

### Discounts

Term fees paid In full: 5% off annual fees

Crossover Athletes: 60% off lower priced team training fees

Sibling Discount: \$50 Credit for each athlete per term on full competitive teams. \$20 Credit for each athlete per term on Semi Competitive teams.

### Nationals

Elite 1 and Level's 4, 5 & 6 teams will attend AASCF Nationals in Melbourne. All flights & Accommodation are to be booked by athletes/families. Teams do not travel or stay together for Nationals. TNT will provide a "Tour Pack" that includes competition fees, guest coaching, additional practices, apparel & a coaches levy.



## Competition Schedule

	Pre Competitive (Prep Teams)	Semi Competitive (Novice Teams)	Full Competitive (Levels 1-6)
World Championships (Orlando, Florida) April 26-28			X6/Bombshells ONLY
TNT's Detonation Day (Curtin Stadium) June 14			
Aussie Gold States (HBF Stadium) August 9-10			
AASCF States (HBF Stadium) August 29-31		4	
ATC Starz (HBF Stadium) September 13-14			
CheerCon (Perth Convention Centre) October 17-19			
Friday Night Lights (Location TBC) November 14			
ATC Showdown (Perth Convention Center) November 8-9			
AASCF Nationals (Melbourne Convention Center) November 20-24			Elite 1's & Levels 4-5 ONLY

ALL COMPETITION DATES ARE SUBJECT TO CHANGE- DATES WILL BE FINALIZED IN EARLY 2025



### Tumbling & Flex & Strength

Class	Description	Length	Price
Group Tumbling Prep-Level 3	Group tumbling lessons have a smaller coach to athlete ratio and are specific to levels and skills. This class has a maximum of 7 athletes to 1 coach	45 Minutes	\$25 per class, averaging 8-9 classes per term, paid upfront before the first class. Full Year Enrolment. Charged termly and due at the beginning of each term.
Tumble Club 14+ & Lunchtime Tumble	For Ages 14+ and all skill levels	1 Hour	\$20 per class, averaging 8-9 classes per term, paid upfront before the first class. Full Year Enrolment. Charged termly and due at the beginning of each term.
Team Tumble	Compulsory tumble class for level 3 and up teams. Teams will have specific time slots that the teams athletes will be booked into. There is some room to transfer to another teams class however this is subject to availability. Athletes who are not on a TNT team are welcome to join these classes as well.	1.5 Hours	For TNT Competitive athletes, this is included in your monthly fees. For athletes who are not in a team and wish to join they will be charged \$25 per class and booked on an annual basis. Full Year Enrollment.
Flyers Flex	Compulsory for all full competitive flyers. Scheduled directly before or after each team practice.	15-30 Minutes	Free for TNT Flyers
Non Tumble Strength & Jumps	Compulsory for Non Tumble levels 4, 5 & 6. Teams will have specific time slots that athletes will be booked into. There is some room to transfer to another class however this is subject to availability. Athletes on tumble teams may join these classes for an additional cost also subject to availability.	1 Hour	For TNT Competitive athletes, this is included in your monthly fees. For athletes who are not in a team and wish to join they will be charged \$25 per class and booked on an annual basis. Full Year Enrollment.
Open Gym	Supervised self sufficient practice of skills in the gym.	1 Hour	\$5 for TNT members and must be booked in at least 24 hours in advanced. \$10 cash at the door for Non TNT Members.

\*Full Year Enrollments: Athletes will automatically be enrolled into each new term and the term fee will be due the Friday before the start of each new term. If you wish to un-enroll between terms you must do so in writing by email management before the fee due date. As of the due date, athletes will still be charged for each class that has taken place before you un-enroll.

## Semi Private & Group Stunt Lessons







Service	Price	Details	Description
Semi Private Lessons	\$50	<ul> <li>Sibling Discount Available.</li> <li>2 Athletes Maximum.</li> <li>30 Minute Lesson.</li> <li>15 Minute self warm up prior.</li> <li>Coach will provide warm up if athletes book reoccurring lessons.</li> <li>Tier information is below.</li> </ul>	Designed to improve the athletes tumbling skills.
Guest Instructor Private Lessons	\$60	<ul> <li>Price may change based on instructor.</li> <li>2 Athletes Maximum</li> <li>30 Minute Lesson</li> <li>15 Minute self warm up prior.</li> <li>Currently no tiers required.</li> </ul>	Same as regular private lesson, but with a special guest instructor from outside of our staff at TNT.
Stunt Lessons	\$60 One off \$320 5 Pack \$540 10 Pack	<ul> <li>Fee to be split evenly between all team members.</li> <li>30 Minute Lesson.</li> <li>15 Minute self warm up prior.</li> <li>Coach will provide warm up if athletes book reoccurring lessons.</li> <li>Currently no tiers required.</li> </ul>	To book a stunt lesson, email mallory@ tntallstars.com.au and request a groups stunt booking request form.

### **Sibling Discounts**

We offer an all year sibling discount. \$30/athlete/30min timeslot. Siblings must be booked into the one time slot but more than two siblings can share the same booking. To book, find an available day, time and coach online (this can be any type of class as we will change this to suit you) then email the booking request to tumbling@tntallstars.com.au so that we can manually make the booking for you at the discounted rate. This is a year round 40% discount per athlete.

### **Class Tiers**

To ensure your athletes safety, please book the appropriate tier for their private. Should you book into the wrong tier, the coach will ask you to leave and no credit will be given. Tiers are based on the tumble skills tree found on your athletes Iclass account.

TIER 1: Prep, Novice, Level 1 Beg, Level 1 Adv, Level 2

Prep: 1st Back Handspring.

TIER 2: Level 2 Beg, Level 2 Adv, Level 3 Beg: 1st Back Tuck.

TIER 3: Level 3 Advanced and higher.

### المحاصلات Deles 2025



Summer **Holidays**  November 16-17/23-24 December 10-13 December 15 December 9-20 January 2025

Tryouts for 2025 Team Placements to be sent 2025 Registration Due

Private Lessons and Tumbling Classes Available Private Lessons, Tumbling Classes & Summer Camps

Term One

February 3 February 3-8 February 8-9 February 14-16 March 1-3 April 13-27

Term 1 Begins Parent Meetings & Signing Days TNT Worlds Weekender & CA Annual Camp Trip Compulsory Skills Camp Labour Day (Gym Closed)

School Holidays

Term Two

April 28 May 10-20 May 31-June 2 June 14 July 6-20

Term 2 Begins Compulsory Choreography WA Day Long Weekend (Gym Closed) Detonation Day (TNT Showcase)- All Teams School Holidays

Term Three July 21 August 9-10 August 29-31 September 13-14 September 27-October 12 Term 3 Begins Aussie Gold Competition- All Novice & Levels 1-6 **AASCF States Competition** ATC Starz Competition - All Novice & Levels 1-6 School Holidays (No practices- Holiday tumbling & Camps available)

Term Four

October 13 October 17-19 November 14 November 8-9 November 20-24 November 29-30/Dec 6-7

December 6

December 6

Term 4 Begins (Full Competitive will begin 6th Oct) Cheer Con Champions League - Levels 1-6

Friday Night Lights (Prep Teams)

ATC Showdown Competition - All Novice & Levels 1-6 AASCF Nationals- Elite Teams & All Levels 4-6

Tryouts TBC Term Ends

End of Year Explosion Party



# Management Directory



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www.tntallstars.com.au





### **IClassPro**

We use iClass Pro for registration, payments, and online bookings for tumble, holiday & recreational classes. You can access the iClass Pro parent portal one of two ways, via the iCP App or on our website. For the app you will need our organisational name which is thallstars 2014. The app is available on all mobile Platforms.

### **New to TNT?**

Prior to the 2nd of December 2023 you will be able to log on to the parent portal via one of the below platforms and click the "create an account" button. From here you can book into a tryout applicable to your age and skill level. If you are joining us after tryouts please contact info@tntallstars.com.au to discuss a skills assessment or your free trial in one of our classes. Once you have created an account check out our "how to" video tutorial to help you access and use the portal with ease.

### **Band**

While all club information is emailed to enrolled families, we use an app called Band to keep in contact with all our teams directly and to reiterate club information. Coaches often send class updates, videos etc. as well as information about competitions & dress up days. This app is great as it allows us to have all the posting and messaging functions of other social media platforms in a more secure and child friendly setting. Upon registration we require all athletes/parents to access the main "TNT All Stars" Band page and the athletes individual team page/s for 2024. This can be setup with a parent/guardian account, the athlete can have their own personal account or there is the option for you to set up both. When you are creating your account please be sure to use your first and last name so we can confirm your enrollment and accept you into the group. Unfortunately we won't be accepting nicknames or first names only as we want to maintain the security of each Band. The codes for your team/s Band will be provided once your 2024 enrollment is complete. The app is available on all mobile platforms and can also be accessed on your web browser.



### **Get In Touch**

The future is looking TEAL and we cant wait to have you exploding into our 12th season with us! We're thrilled you're interested in joining our cheer family! Whether you have questions about our classes, want to learn more about our teams, or just want to say hi, we're here for you.

We believe that every cheerleader, new or seasoned, has the potential to shine! Don't hesitate to reach out anytime—we can't wait to hear from you! Let's make some magic happen together!

### Contact us

- www.tntallstars.com.au
- **♀** 1 Pitt Way, **Booragoon ♠** 0413 264 624
- 9 4/1 Haydock St, Forrestdale © 0406 746 954 (This phone is only available to current members and during office hours)
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