

Competition FAQ 2025

Uniforms

What are we wearing this year?

Athletes to Wear

Full Competitive Teams:

Detonation Day & Competitions: Full competition uniform with white cheer shoes and hair in a high pony with the team bow. Team Bows are already included in your monthly payments.

Semi Competitive (Novice) Teams:

Detonation Day & Competitions: Full competition uniform with white sneakers and hair in a high pony with the team bow. Team Bows are already included in your monthly payments.

Prep Teams:

Detonation Day & Friday Night Lights: Hired competition uniform with white sneakers and hair in high pony with 2025 team bow.

When do I give it back? (Pre-competitive Uniforms Only)

Prep Uniforms are to be returned washed and dried in a plastic bag with your athlete's name on it following the final competition of the season. Uniforms are due back the week starting November 18th. Any lost or damaged uniforms will be charged \$200 to the athletes account.

Uniform Care

How do I wash my uniform?

It is best to wash your competition uniform/s in a laundry/delicate bag on cold wash with washing powder (not liquid) after each competition and hang it out to dry. Do not tumble dry your uniform or the glue will melt and any bling will fall off.

Bows/Scrunchies

Are we doing bows this season?

We will be doing bows this season.

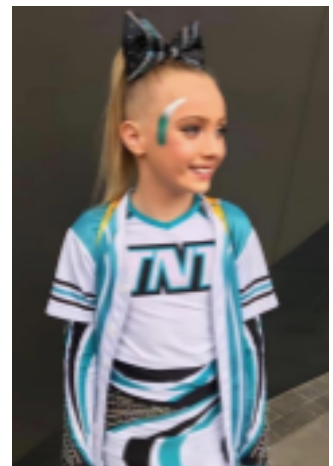
Make Up

How to do cheer make up:

1. Clean base foundation and a bit of blush/bronzer
2. Nude eye or use a nude/light eyeshadow (NO COLOUR)
3. Using the glue place a curved line on the **RIGHT** side of the face. Start line around the temple and go to just below cheek bone.
 - On the top 1/2 of the curve place silver glitter from top to just below middle then on the bottom 1/2 add teal glitter
6. Add mascara/big lashes
7. Use a natural/nude lip color (NO RED)

Where can I get the glitter make up?

The glitter kits can be purchased from the TNT Shock Shop. The sets are \$30.



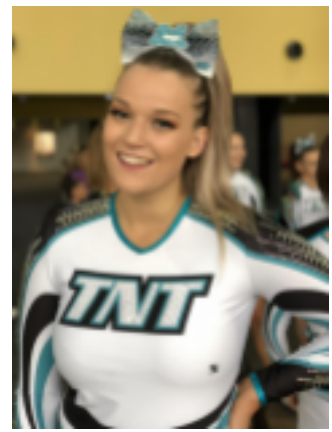
Cheer Hair

How to do cheer hair:

1. Slick back, straight high ponytail on top of head
2. Add cheer bow and bobby pin the tails down
3. Take layers of the pony tail and tease
4. Leave a layer un-teased to go over the top for a nice finished poof pony.

Here is a video link - reference for high ponytail only!

[Big Hair Tutorial](#)



Competition Information

Specific competition information will be emailed out for each competition 1-2 weeks in advance. Please ensure you read these emails and know your arrival times.

Competition Locations

Competitions are typically held at HBF Stadium (Challenge Stadium, Mt. Claremont) or the Perth Convention Centre (CheerCon Champions League & ATC Showdown). If held somewhere else you will be notified. Please refer to the competition information page in the information pack for dates/locations and look out for updates in your emails.

Spectator Tickets

Spectator tickets will be available through the competition company. We will post the link to purchase tickets in our TNT All Stars Band group, "TNT Cheer Families" Facebook groups as well as email it out. You will also be able to purchase tickets at the door. Competitors do not need to purchase tickets. Spectator ticket prices can range and are set by the competition companies not TNT.

Food at the Venue

Food and drinks are available to purchase at the venue, there is normally a good range of healthy food available but we suggest bringing some healthy snacks with you for your athlete to keep up energy throughout the day.

Competition Dates & Times

Competition dates are noted in the TNT Information pack. Some competitions are held over one day and some are held over two days where the team competes on both a Saturday and Sunday. Arrival times are approximately an hour to an hour and a half before performance time and are sent out approximately 1-2 weeks before the competition date. Please note there are sometimes last-minute changes to scheduling so these times may change up to a few days before the competition date. We ask that all athletes arrive in full performance attire ready to go so the teams have time to warm up and practice before they go in for their scheduled warm up. **Please do not be late.** All times will be emailed out to you.

What to wear to competition - Athletes

We ask that all athletes arrive with hair and make-up done and in their uniforms. If you have a TNT jacket, jumper or T-shirt it is ok to wear this over the top.

What to wear to competition - Parents

Parents are encouraged to wear our club colours, or fan shirts! We have lots of apparel available and want to see our biggest fans sporting teal!

What to do when you arrive?

When arriving at the competition please look out for our competition arrival point banner. We will post a picture in the Band group and FB Families pages also of this location the morning of the competition. Your athletes will meet here to receive athlete passes from their Junior Coach/Coach. Athletes wrist bands MUST be worn at all times otherwise they will not be able to compete and allowed in the venue. If the competition is 2 days DO NOT remove the band. Once athletes arrive, we ask that they stay as a team until further directions are given by coaches.

When are athletes my responsibility?

Athletes will be your responsibility and under your care throughout most of the event. Between the team meet time until after the performance of your athlete they will be in the care of the coaches. Please note that coaches normally have many teams to work with throughout the day so your prompt pick up after performance is appreciated.

What happens if I arrive earlier before my meeting time?

It is fine to arrive earlier just head to the TNT Athletes Banner to pick up your wristband (except for Cheer Con where you pick up your own wristband at athlete registration). You are then free to watch until your actual meet time, you will remain your parents responsibility until your meet time.

Where do Parents sit?

Once athletes are grouped with their team, parents are welcome to head into the arena to find the TNT fan section, just look for a TNT Banner and our colours. Competitions can be a bit overwhelming and crazy as well as very exciting and lots of fun! If it is your first time we have plenty of seasoned parents and athletes that can answer your questions and help you get through the day.

What to do after your team has competed?

Younger teams will typically travel back to the foyer where parents will need to come and get their athletes from the TNT meeting point. Once parents have picked up their child, athletes are welcome to sit at the front of the floor or in the TNT Fan section and cheer on all other TNT teams and competitors. **Parents are responsible for athletes before meet time and after performance time. All athletes are asked to stay at the venue until after their awards section is finished.

How do awards work?

Please ensure athletes are in competition uniforms for awards. Once it is announced that the awards are about to start we ask all athletes to come down to the competition floor or into the awards hall and find their teams to sit with. Athletes are asked to stay seated with their teams until awards have finished and applaud all other competitors. We ask that you do NOT leave in the middle of awards or after your team's placing has been awarded. Please respect all other teams and competitors and stay seated until after the awards. Once awards have wrapped up you are welcome to take team and individual photos.

Please note if you choose to not attend awards you/your athlete may miss out on any medals received by the team.

What to bring to competition?

Athletes are encouraged to bring plenty of food and water as competition days can be quite long. All venues have food available for purchase also. Please ensure your athletes have their cheer shoes and bows.

Be the best fan you can be!

It is extremely important to us that all athletes, families and friends be kind and courteous to all other competitors and families, including keeping comments about performing teams positive as you never know who might hear. We ask that our spectators applaud every club and make athletes feel proud of their accomplishments. The Perth Cheer community is a very tight knit group that continues to grow together and we love creating a fun and friendly competition environment. At TNT we pride ourselves on good sportsmanship and hope to see all of our families take this on board!