INFORMATION PACKAGE 2024









STARS



WE'RE HEADING INTO OUR 2ND DECADE!

As we head into the next decade of TNT, we hope you will join us for another great year of celebrating all things teal! Here at TNT we pride ourselves on delivering a strong foundation that creates champions. Throughout our first decade of TNT we have proven to be one of Australia's leading cheerleading programs. Our success is driven by our loving coaches, a passion for hard work and some of the best facilities in the country.



A SEASON AT TNT WILL SHOW YOU THAT WE ARE ALL ABOUT...

A fun and driven practice environment Creating lifelong friendships The ultimate team experience Cultivating confidence in young athletes Giving kids a world of experience with travel opportunities

We take a well rounded approach to not only building strong athletes but also building strong relationships within each team. Joining TNT can give your athlete an experience like no other!

TNT'S CORE FAMILY VALUES

TRUST COMMUNICATION TEAMWORK PERSISTENCE



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NEW FAMILIES

SO, YOU'VE DECIDED TO SEE WHAT THIS EXPLOSION IS ALL ABOUT!

Welcome to the Teal Family! We know that there is a lot of information and new terminology you may not understand. If you have any questions or would like to set up a meet & greet to learn more you can contact us anytime.

WE CAN FACILITATE:

- + Zoom Meetings
- Phone Calls
- + In House Meetings
- To help you, every step of the way.





MY CHEER JOURNEY



TNT's Blast Off Program Approximate time in program: 1 Year

RECREATIONAL

PRE COMPETITIVE

COMPETITIVE





TNT's Pre Competitive Program Approximate time in program: 1 Year



TNT's Semi Competitive Program Approximate time in program: 1 - 3 Years



TNT's Full Competitive Program Approximate time in each level: 3+ Years COMPETITIVE



TNT's Worlds Program Approximate time in each level: 5+ Years

COMPETITIVE







WHICH PROGRAM IS RIGHT FOR ME?

| PROGRAM: | SUMMARY OF PROGRAM: | BASIC INFORMATION: |
|---|---|---|
| RECREATIONAL | This is the perfect place to learn the foundations of cheerleading without having to attend competitions. | Ages 3 - 12 Term Commitment 1 Practice per week No Competitions |
| PRE Competitive (PREP) | Our prep program is the perfect place to get a feel for the competitive world! Your athlete will spend the year working towards building their first cheerleading routine. They will learn all of the basics to move into our Novice stream. | Ages 4 - 18 Annual Commitment 1 Practice per week 2 In-House Competitions Hired Uniform |
| SEMI Competitive (Novice) | Our Novice program is a great place to start out as a competitive cheerleader. These teams only train once per week. | Ages 6 - 16 Annual Commitment 1 Compulsory Practice a week 4 Competitions Low Cost Uniform |
| | We also have a fantastic all abilities team called "Cheerability" at our Booragoon location. | Age 5+ Annual Commitment 1 Practice per week 2 Competitions No uniform required |
| FULL COMPETITIVE (LEVELS 1-3) | TNT prides itself on having one of the strongest All Star programs in the country. These teams are a full commitment to 2 practices per week and 6 competitions per year. Our program also includes Elite All Girl, Coed, and non tumbling teams, making it inclusive for everyone! | Ages 6 + Annual Commitment 2 Compulsory Practices a week 6 Competitions Potential for Travel (Nationals) Uniform Purchase & Shoes Required Camps & Choreography |
| TUMBLING - | | An explosive add-on for ANY Recreational, Prep, Semi Competitive or Full Competitive Program |
| TUMBLING (ALL LEVELS & ABILITIES) | Our tumbling program caters to all ages and abilities. Whether you are looking to tumble for fun or increase your tumbling skills for cheerleading we have a class for you. If you are joining a team we highly recommend you add a tumble class on the side to continue to gain new skills. Team practices will cater to improving the skills the athletes will be competing, rather than learning new skills. | Term Commitment Practice lengths vary depending on class |

| DIVISION | BIRTH YEAR |
|----------|-----------------|
| Tiny | 2019-2018 |
| Mini | 2017-2015 |
| Youth | 2015-2012 |
| Junior | 2015-2009 |
| Senior | 2013-2006 |
| Open | 2010 or earlier |
| | |

LEVEL REQUIREMENTS

Athletes new to TNT and trying out or current athletes wanting to move up a level must be able to demonstrate ALL all the required skills in that level. They must also demonstrate at least one of the optional additional skills in the same level.

PROGRAM REQUIRED SKILLS

ADDITIONAL SKILLS

| PREP | No Experience Required | No Experience Required |
|-------------------------|--|---|
| NOVICE | Standing Bridge Bridge Kickover Cartwheel | Handstand BridgeBridge to Standing |
| LEVEL 1 | Backward Roll Back Walkover Round Off Minimum I Year Cheer Experience | 3x Connected Back Walkover Switch Leg Back Walkover Front Walkover Cartwheel Back Walkover |
| ELITE LEVEL 1 | Back Walkover Both Legs 3 Back Walkovers Switch Leg Back Walkover Front Walkover Cartwheel Back Walkover Round Off (Excellent) | |
| LEVEL 2 | Standing Back Handspring Back Walkover Back Handspring Cartwheel Back Handspring Power Hurdle Round Off Back Handspring | Front Handspring to Round off Back Handspring Round Off 3x Back Handsprings |
| LEVEL 3 | Toe Touch 3x Back Handspring Power Hurdle Round Off Back Handspring Back Tuck | Front Handspring Round Off Back Handspring Back Tuck Front Tuck Hurdle Round Off Back Handspring Tuck |
| LEVEL 4 | Standing Tuck I or 2x Back Handsprings Back Tuck Power Hurdle Round Off Back Handspring Back Layout | Front Handspring Round Off Back Handspring Back Layout Front Tuck Step Out Round Off Back Handspring Layout Round Off Back Handspring Whip Layout |
| LEVEL 5 | Jump Back Tuck 1 or 2x Back Handsprings Back Layout Power Hurdle Round off Back Handspring Full | Front Handspring Round Off Back Handspring Full Round Off Back Handspring Whip Full Front Tuck Step Out Round Off Back Handspring Full |
| LEVEL 5 ALL BUILDING | Minimum of 2 Years of Level 4 or 1 Year of Level 5 Stunt Experience on a Competitive Team | |
| LEVEL 6 ALL BUILDING | Minimum of 3 Years of Level 4 or 1 Year of Level 5 Stunt Experience on a Competitive Team | el |

TEAM INFORMATION



| | AGE & LEVEL | PRACTICE HOURS | CAMP DATE | CHOREY DATE |
|-----------------|--------------|----------------|--------------|-------------|
| Learn to Cheer | 3 - 5 Years | 1 Hour | No Camp | No Chorey |
| Learn to Cheer | 6 - 8 Years | 1 Hour | No Camp | No Chorey |
| Learn to Cheer | 9 - 12 Years | 1 Hour | No Camp | No Chorey |
| Tiny Time Bombs | Tiny Prep | 1 Hour | No Camp | No Chorey |
| Fireflies | Mini Prep | 1.5 Hours | No Camp | No Chorey |
| Starbursts | Youth Prep | 1.5 Hours | No Camp | No Chorey |
| Choc Bombs | Mini Novice | 1.5 Hours | No Camp | 3 - 12 May |
| Nano Bombs | Mini Novice | 1.5 Hours | No Camp | 3 - 12 May |
| Supersonics | Youth Novice | 2 Hours | No Camp | 3 - 12 May |
| Kabooms | Mini 1 | 3 Hours | 8 - 10 March | 1 - 30 May |
| Fireworks | Youth 1 | 3.5 Hours | 8 - 10 March | 1 - 30 May |
| Flash Fire | Elite 1 | 3.5 Hours | 8 - 10 March | 1 - 30 May |
| Shock Factor | Senior 1 | 3.5 Hours | 8 - 10 March | 1 - 30 May |
| Fire Bombs | Junior 2 | 4 Hours | 8 - 10 March | 1-30 May |
| Code 3 | Junior 3 | 5.5 Hours | 8 - 10 March | 1 - 30 May |



*New Compulsory 1.5 Hour Tumble Class included in term fees

**Tumble Class, Camp and Choreography are all compulsory

***Elite 1 age groups to be confirmed after tryouts

****Additional teams will be created and added to both locations where needed

*****Teams are determined by the athletes that attend tryouts and are subject to change after tryouts

PRICING INFORMATION

| LEVEL | TEAM NAME | REGISTRATION FEE | TERM FEE | |
|------------------|-----------------|---------------------------|---------------------------|--|
| Recreational | Learn to Cheer | | | |
| | Age 3-5 | \$50 | \$204 | |
| | Age 6-8 | \$50 | \$204 | |
| | Age 9-12 | \$50 | \$204 | |
| LEVEL | | MONTHLY FEE DEC - JUNE | MONTHLY FEE JULY - NOV | |
| Pre Competitive | Tiny Time Bombs | \$116.57 | \$68 | |
| | Fireflies | \$130.24 | \$82 | |
| | Starburst | \$130.24 | \$82 | |
| Semi Competitive | Choc Bombs | \$150.20 | \$82 | |
| | Nano Bombs | \$150.20 | \$82 | |
| | Supersonics | \$157.54 | \$89 | |
| Full Competitive | Kabooms | \$273.06 | \$126 | |
| | Fireworks | \$293.39 | \$146 | |
| | Flash Fire | \$296.68 | \$146 | |
| | Shock Factor | \$296.68 | \$146 | |
| | Fire Bombs | \$317.00 | \$166 | |
| | Code 3 | \$355.87 | \$166 | |



NEWIN 2024

COMPULSORY TUMBLING CLASSES FOR LEVEL 3 AND UP TUMBLE TEAMS

As our club has grown it has become increasingly difficult to provide enough opportunities for athletes to continue to progress their individual tumbling skills. To this end we have chosen to include a tumbling class into the term fee for level 3 and up tumble teams. This will be a 1.5hr class added into the schedule right from registration day like any other team practice so that you can add it to your calendars as early as possible. These classes will focus on conditioning, level appropriate passes athletes need to continue progressing toward higher levels and the specialty skills we believe all athletes should have to be a strong team member at any level.



PLEASE NOTE!



While we will be calling these classes by the team name they were scheduled for, there will be some room to transfer between classes if athletes have crossover team times that clash or are invited up a group due to their tumbling skills being more advanced than the team they are currently on. **For athletes in lower levels you will still have our group tumble classes available to you! See page 13.

ADDITIONAL FEE INFORMATION

Recreational Classes & Tumbling

Registration fee: Includes annual insurance and a 2024 T-shirt. Term Fee: Includes all training fees.

Cheerability Classes

Registration fee: This fee includes annual insurance & a 2024 T-shirt. Term Fees: Include all training fees. \$10 per class, averaging 9-10 classes per term, paid upfront before the first class. Term fee due before the start of each term.

Competition Fees: Competition fees will be due 2 months prior to an event, amount to be confirmed in 2024.

About Our Competitive Fees

Our monthly fees are broken down into two parts - December through to June and July through to November. Our all inclusive pricing monthly payments structure simplifies the fee payment process.

Prep (Pre Competitive Teams)

December through June includes

your insurance, T-shirt, shorts, scrunchie, term fees, competition fees, hired competition uniform, bow, end of year explosion ticket, music and choreography practice.

July through November is easy, just term fees.

Additional Fees: See below for details.

Novice (Semi Competitive Teams)

December through June includes your insurance, T-shirt, shorts, scrunchie, term fees, competition fees, bow, end of year explosion ticket, music and choreography practice.

July through November is easy, just term fees.

Additional Fees Your athlete will be required to purchase a competition uniform, white cheerleading shoes & cheer makeup. Our novice uniforms are on a 5 year uniform cycle. 2024 is Year 1 of 5.

Full Competitive Teams

December through June: Includes

your insurance, T-shirt, shorts, scrunchie, term fees, competition fees, bow, end of year explosion ticket, music licensing, skills camp and choreography (Choreography is for our Elite level 1 & Level 2 through 6 only). We bring in some of the world's best coaches for our skills camps and choreography.

July through November: is easy, just term fees.

Additional Fees: Your athlete will be required to purchase a competition uniform, white cheerleading shoes & cheer makeup. Our uniforms are on a 3 year cycle and 2024 is Year 1 of 3.

Payment Due Dates & Policy

Due Dates: Fees are due on the 15th of each month (December 16th through to November 15th).

Late Fees: A fee of \$25 will be incurred on the 1st of each month.

Outstanding Fees: Athletes with monthly fees still outstanding on the 10th of the month will be asked to sit out from practice.

2024 FEES

You will notice a 2% increase in our 2024 term fees. The increase in price is due to rent increases and an increase to our award affecting our wages. You will also notice an increase of \$8 per week for our level 3-5 athletes. This covers a 3rd additional hour and a half tumble class that your athlete will be required to take. We thank you for your understanding.

DISCOUNTS

Paid in Full: 5% off annual fees Crossover Athletes: 60% off the lower priced team Sibling Discount: \$50 Credit for each athlete per term on full competitive teams. \$20 Credit for each athlete per term on Semi Competitive teams.

ADDITIONAL FEES

All competitive athletes will be required to wear cheer makeup for their performances. This can be shared amongst a team or purchased individually from the TNT Shock Shop. Cheerleading shoes may also be purchased from the Shock Shop.

PAYMENT POLICIES

Additional to the information above, all of our payment policies and transaction fees can be found on the parent portal.

COMPETITION SCHEDULE

| | PRE COMPETITIVE | SEMI COMPETITIVE | FULL COMPETITIVE |
|--|-------------------------------|--------------------------|--------------------------------|
| WORLD CHAMPIONSHIPS April 26th - 30th Orlando, Florida | | | NUKES |
| TNT DETONATION DAY June 22nd Curtin Stadium | | | NOT |
| AUSSIE GOLD August 3rd - 4th HBF Stadium | AN BEL | SPARKS | NOT |
| AASCF STATES August 30th - September 1st HBF Stadium | | TO A S | |
| ATC STARZ September 13th - 15th HBF Stadium | | SPARKS | |
| CHEER CON CHAMPIONS LEAGUE *2 Day Event; October 18th - 20th HBF Stadium | | | NOT |
| CHEERBRANDZ SUPER NATIONALS November 3rd - 4th (Dates TBC) New Zealand | | | CODE 3 ONLY |
| FRIDAY NIGHT LIGHTS November 22nd TNT Booragoon Gym | | | |
| ATC SHOWDOWN 2 Day Event; November 29th - December 1st Perth Convention Centre | and a series | Č | |
| AASCF NATIONALS & IASF ROAD TO WORLDS December 5th - 9th Gold Coast Convention Center | | | LUL 3 ELITE + LUL 4,5 66 |
| *CheerCon Champions League - 1 Day ev | l vent for mini & youth te | eams, 2 Day event for ju | unior & above |

*CheerCon Champions League - 1 Day event for mini & youth teams, 2 Day event for junior & above **Competitions are subject to change ***Level 1 elite team age groups will be confirmed after tryouts

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TUMBLING & FLEX CLASSES

| CLASS | DESCRIPTION | LENGTH | PRICE |
|--|--|------------|--|
| Group Tumbling Prep - Level 3 | Group tumbling lessons have a smaller coach to athlete ratio and are specific to levels and skills. This class has a maximum number of 7 athletes to 1 coach. | 45 Minutes | \$25 per class, averaging 8-9 classes per term, paid upfront before the first class. Full year enrollment. Term fee due before the start of each term. |
| Tumble Club 14+ & Lunchtime Tumble | For ages 14+ all skill levels. | 1 Hour | \$20 per class, averaging 8-9 classes per term, paid upfront in full before the first class. Full year enrollment. Term fee due before the start of each term. |
| Team Tumble | Compulsory tumble class for level 3 and up teams. Athletes will be scheduled into their teams session. There is some room to transfer to another teams class by negotiation. Non-team TNT athletes are welcome | 1.5 Hours | For TNT competitive athletes, this is included in your monthly fees. For Non-TNT athletes, full year enrollment. Term fee due before the start of each term. \$25/class paid upfront each term. |
| Open Gym | Supervised self sufficient practice of skills in the gym. | 1 Hour | \$5 for TNT members & must book at least 24hrs in advance. \$10 cash at the door for non-members. |
| Flyers Flex Classes | Compulsory for all full competitive flyers. Scheduled directly before or after each training session during the week. | 15 Minutes | Free |

*Full Year Enrollments: Athletes will automatically be enrolled into each new term and the term fee will be due the Friday before the start of each new term. If you wish to un-enroll between terms you must do so in writing by email <u>tumbling@tntallstars.com.au</u> before the fee due date. As of the due date, athletes will still be charged for each class that has taken place before you un-enroll.

SEMI-PRIVATE & GROUP STUNT LESSONS

| SERVICE | PRICE | DETAILS | DESCRIPTION |
|---|---|--|--|
| Semi-Private Lessons All lessons are Semi- Private lessons, but you book into your sessions individually | \$50 | Sibling Discount Available. 2 Athletes Maximum. 30 Minute Lesson. 15 Minute self warm up prior. Coach will provide warm up if athletes book reoccurring lessons. Tier information is below. | Designed to improve the athletes tumbling skills. |
| Guest Instructors Lessons | \$60 | Price may change based on instructor. 2 Athletes Maximum 30 Minute Lesson 15 Minute self warm up prior. Currently no tiers required. | Same as regular private lesson, but with a special guest instructor from outside of our staff at TNT. |
| Stunt Lessons Group Stunt Partner Stunt Please book through the previous system. | \$60 Drop in \$320 x5 Pack \$540 x10 Pack | Fee to be split evenly between all team members. 30 Minute Lesson. 15 Minute self warm up prior. Coach will provide warm up if athletes book reoccurring lessons. Currently no tiers required. | To book a stunt lesson, email tumbling@ tntallstars.com.au and request a groups stunt booking request form or speak directly to a book a lesson. |
| Flyers Private Please book through the previous system. | \$50 | 30 Minute Class. 15 Minute self warm up prior. Coach will provide the warm up if athletes book reoccurring lessons. Currently no tiers required. | Privates for flyers to be flown in the air. |

*Please ensure that you refer to the tier information below before you book a class. **Maximum of two atheltes per lesson. If only one athlete signs up, the lesson will continue as a private. ***Booking and Cancellation Policies for semi-privates and tumble lessons can be found on the parent portal.

SIBLING DISCOUNTS

We offer an all year sibling discount. \$30/ athlete/\$30min timeslot. Siblings must be booked into the one time slot but more than two siblings can share the same booking. To book, find an available day, time and coach online (this can be any type of class as we will change this to suit you) then email the booking request to tumbling@ tntallstars.com.au so that we can manually make the booking for you at the discounted rate. This is a year round 40% discount per athlete.

CLASS TIERS

To ensure your athletes safety, please book the appropriate tier for their private. Should you book into the wrong tier, the coach will ask you to leave and no credit will be given. Tiers are based on the tumble skills tree found on your athletes Iclass account.

TIER 1: Prep, Novice, Level 1 Beg, Level 1 Adv, Level 2 Prep: 1st Back Handspring. Tier 2: Level 2 Beg, Level 2 Adv, Level 3 Beg: 1st Back Tuck. Tier 3: Level 3 Advanced and higher.

IMPORTANT DATES

| SUMMER HOLIDAYS | Dec 2 Dec 2-7 Dec 9 Dec 16 Dec 17 Dec 19-22 Jan 8-25 | Tumbling Tryouts (Stage 1 of Team Placements) Team Placement Week (Stage 2 of Team Placements) Teal Royale Open House for Registrations. Complete your Registration for 2024 Private lesson & Mini Classes Available Private Lessons, Tumble Clinics & Summer Camps Available |
|--------------------|---|---|
| TERM 1 | Jan 29 Feb 3 Feb 17 Mar 2-4 Mar 8-10 Mar 29-7 Apr | Term 1 Begins Booragoon New Families Morning Tea Forrestdale New Families Morning Tea Labour Day (Gym Closed) Compulsory Skills Camp - Levels 1- 5 School Holidays (No Practices - Holiday Activities Available) |
| TERM 2 | April 8 April 22-27 May 2-13 June 1-3 June 22 June 30 -July 14 | Term 2 Begins (early) Gym Closure due to World Championships Compulsory Choreography - All Teams WA Day Long Weekend (Gym Closed) Detonation Day! Showcase - All Teams Competing School Holidays (No Practices - Holiday Activities Available) |
| TERM 3 | July 15 Aug 3-4 Aug 30-1 Sept Sept 14-15 Sept 21-6 Oct | Term 3 Begins Aussie Gold Competition - All Teams Competing AASCF States Competition - Fully Competitive Teams Only ATC Starz - All Teams Competing School Holidays (No Practices - Holiday Activities Available) |
| TERM 4 | Oct 7th Oct 18-20 Nov 30-Dec 1 Dec 5-8 TBC TBC TBC | Term 4 BeginsCheer Con Champions League - Full Competetive Teams OnlyATC Showdown Competition - All Teams CompetingAASCF Nationals - Elite 1 & Levels 4, 5 and 62025 Tryout WeekTerm Ends & TNT 11 Year BallTeam Reveals and Open House for New Families |

STAFF DIRECTORY

We understand that joining a new sport can feel overwhelming! Our wonderful coaches and "Boomies" behind the desk will be able to assist you with anything throughout the season. They will introduce themselves to you in the first few weeks, post on your team bands regularly and be able to answer any questions you may have throughout your time here at TNT!



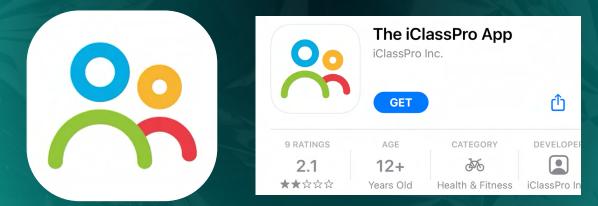
General Information: "Linda", info@tntallstars.com.au Athletes, classes, teams: "Monique", monique@tntallstars.com.au Forrestdale: "Taylah", taylah@tntallstars.com.au Tumbling: "Mark", tumbling@tntallstars.com.au Fees & Accounts: "Holly", accounts@tntallstars.com.au Apparel: "Josh", apparel@tntallstars.com.au Birthdays Parties: "Sophie", birthdays@tntallstars.com.au Events: "Sophie", events@tntallstars.com.au Socials: "Lucy", socials@tntallstars.com.au Everything else: "Steph", steph@tntallstars.com.au



BAND

While all club information is emailed to enrolled families, we use an app called <u>Band</u> to keep in contact with all our teams directly and to reiterate club information. Coaches often send class updates, videos etc. as well as information about competitions & dress up days. This app is great as it allows us to have all the posting and messaging functions of other social media platforms in a more secure and child friendly setting. **Upon registration we require all athletes/parents to access the main "TNT All Stars" Band page and the athletes individual team page/s for 2024.** This can be setup with a parent/guardian account, the athlete can have their own personal account or there is the option for you to set up both. When you are creating your account please be sure to use your first and last name so we can confirm your enrollment and accept you into the group. Unfortunately we won't be accepting nicknames or first names only as we want to maintain the security of each Band. The codes for your team/s Band will be provided once your 2024 enrollment is complete.

The app is available on all mobile platforms and can also be accessed on your web browser.



ICLASS PRO

We use i<u>Class Pro</u> for registration, payments, and online bookings for tumble, holiday & recreational classes. You can access the iClass Pro parent portal one of two ways, via the iCP App or on our website. For the app you will need our organisational name which is that statistars 2014. The app is available on all mobile Platforms.

New to TNT?

Prior to the 2nd of December 2023 you will be able to log on to the parent portal via one of the below platforms and click the "create an account" button. From here you can book into a tryout applicable to your age and skill level. If you are joining us after tryouts please contact info@tntallstars.com.au to discuss a skills assessment or your free trial in one of our classes. Once you have created an account check out our <u>"how to" video tutorial</u> to help you access and use the portal with ease.



